

# Lake Hills Soccer Club

## 2023 Summer Coaches Meeting



Time	Topic	Presenter
5:45-6:15	New Coach Orientation	Eric Dawson – President Chris Munson – Rec Chair
6:15	Full meeting begins	
6:15-6:20	President's Report	Eric Dawson – President
6:20-6:25	Registration Update	Stacey Morales – Registrar
6:25-6:30	Referee Update	Eric Dawson – Referee Coordinator
6:30-6:35	Competition Update	Eric Dawson – Competition Chair
6:35-6:40	Practice Field Requests	Eric Dawson – Fields Chair
6:40-6:50	Uniform & Equipment Update	Currin Cyr – Equipment Chair
6:50-7:15	Best Practices & Q&A	All
7:15-7:30	Rainier Athletes Program Overview	Amy Hunt, Rainier Athletes
7:30	Adjourn	

### [NEW COACH ORIENTATION](#)

Lake Hills is your soccer club. We are a member of [Eastside Youth Soccer Association](#), which is sometimes referred to (in Rec) as “the league” EYSA operates under established guiding principles and has oversight by Washington State Youth Soccer Association, and ultimately US Youth Soccer.

**President’s Announcements—Eric Dawson** [President@lakehillsoccer.org](mailto:President@lakehillsoccer.org)

### IMPORTANT DATES:

Late Aug	Equipment Pickup
9/9	Fall Season Begins, Micro Coach Training
9/16	Micro Program begins
9/30	Picture Day (Mod, Rec, and Micro)
11/4 & 11/5	EYSA U8-U10 End of Season Game Event (more info to come!)
November	LHSC Annual General Meeting. Date and location TBD.

**Registration Update—Stacey Morales** [registrar@lakehillsoccer.org](mailto:registrar@lakehillsoccer.org)

- This season, Rostered 400+ players, 39 Rec teams, 12 Club Select teams, 20+ Micro teams
- Coach On-boarding **by Monday 8/21**
  1. Register on TeamSnap

2. Safety Training
  3. Background Check
  4. Access team roster & contact players
- Only the kids on your TeamSnap roster are allowed to participate in practices and games; No siblings, friends, kids from the neighborhood should participate in practices and games
  - Players are only allowed to be on one US Soccer Federation roster. Examples include all EYSA sister clubs, Crossfire, FC Bellevue, Titans FC, Gunners... This does not include school teams, Boys and Girls Club, or indoor.
  - If a player is injured at a practice or game and requires medical care, contact [registrar@lakehillssoccer.org](mailto:registrar@lakehillssoccer.org) There is a short form to fill out
  - Reminder regarding concussions: as you know from reading the mandatory Concussion doc, any player diagnosed with a concussion must be cleared in writing by a medical professional in order to return to play; Include this in your parent meeting to go over signs of concussion so parents and players know what to look for
  - Notify Registrar if you add assistant coach or team manager; New participants will need to complete the on-boarding requirements and will be rostered to your team
  - **Insurance**—Lake Hills does not carry medical insurance for participants. Player registration gives players secondary insurance through WYS. LHSC has liability coverage in case it can be demonstrated that we the club, including you as coaches, were in some way negligent which resulted in injury or loss. For a coach to be protected by that insurance they must be registered and rostered with LHSC. **Emergencies arise in which a coach has a parent fill in at a single practice or game, but anyone who is doing any of the following must be registered and clear the background check:**
    - **Regularly attending practices and working directly with players**
    - **Using the title of coach, assistant coach, treasurer, or team manager**
    - **A parent who shags balls, sets up temporary goals, or otherwise helps with equipment, water, snacks, etc. generally does not need to register. If in doubt, ask.**
  - Signed Medical Waiver forms required from each player and required to be available at every practice and game; Coaches should confirm to [registrar@lakehillssoccer.org](mailto:registrar@lakehillssoccer.org) when all forms are received

## Referees—Eric Dawson

- Referee shortage! Youth referees are learning the job and tend to quit due to poor treatment by parents and coaches. Protect your players and protect the referees.
- There are two organizations that provide referees for our games
- EYSA Referees officiate U8-U12 games. These referees are mostly teenagers and should be treated with respect and kindness as they learn the ropes. Our soccer community is dependent upon these young people to grow up into adult referees. We do not want to chase them away from the job!
- East King County Soccer Referees Association officials ref U13-U19 Rec and all Club Select games. These referees are mostly adults (with some older experienced teens as AR's).
- Make sure you, your players, and their parents are familiar with the rules of the game, especially the modifications in place for U9-U12.
- You not only model appropriate behavior for your players and parents, but you are responsible for the words and actions of the parents on your sideline. Keep your cool and they will too.

## Competition—Eric Dawson

- Still finalizing team rosters and coaches. Schedules will be distributed as soon as they are available, likely late August
- Please read the schedule email carefully for any instructions to make sure you are set up in the system and ready to go
- Schedules/Game times will be dependent on school field availability for your appropriate field size, based on age group. Please contact me with any scheduling issues/changes needed after schedule is posted.
- Most teams are newly formed this year. You will hear from me at the end of the season with a team placement

evaluation questionnaire. This will assist with next year's team placement to help ensure appropriate competition levels going forward.

**Practice Fields Update – Eric Dawson**

**Uniform/Equipment Update – Currin Cyr**

**Rainier Athletes – Amy Hunt**