









Select vs. Premier

- Cost
- Season Length
- Ability to play other sports / activities
- Travel
- Geography of player draw
- Coaching
- Continuity vs. variability
- Eastside FC (premier)





LHSC Club Select

- 13 teams
- U10 U19, boys and girls

Select is ~20% of LHSC players





Club Select Soccer Year...at a glance

8-10 months
25-35 matches
2 practices / week
Kids play other sports
Soccer priority: Aug-Jan/Feb



Club Select Calendar

FEB & MAY – Tryouts

JUN – Practice 2x, maybe Tournament

JUL – Practice 1-2x, 1 or 2 Tournaments

AUG – Practice 2x, 1 or 2 Tournaments

SEPT-DEC – Fall League, 12 games, Practice 2x (holiday break)

JAN-FEB – State Cup, Practice 2x

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2022 Select Coaches

- BU10 Cyril Bouanna
- BU11 Nick Smith
- BU12 Jim Shannon
- BU13 Todd Karam
- BU14 Tracey Williams
- BU15 Paul Bronowski
- BU16 Patrick O'Rourke
- BU17 Currin Cyr
- BU18/19 Bill Capadonno

- GU10 Francisco Guarnido-Franquelo
- GU11/12 Cherish Gortner
- GU13/14 Alan Schon
- GU15/16 Eric Braddy





Tryout Process

- Tryout schedule coordination with EYSA clubs
- Pre-tryout "kickarounds"
- Select tryouts follow Premier tryouts
- 2 sessions, 90-120 min, encouraged to attend both sessions
- Evaluator scores determine Top 7 (U10) Top 9 (U11/12) or 11 (U13+), coach determines the rest of roster



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Tryout Results/Offer Process

- Coach will call after 2nd tryout and speak with player & results will be posted on LHSC web
- Results posting by EYSA clubs posted only after the final EYSA team of the same age/gender has completed its first tryout
- Players have 24hrs after results posted to respond via email accepting or declining offer
- Verbal acceptance not official
- No ultimatums from coaches/clubs before results posted online by the last club for each age/gender!
- EYSA Tryout Policy being sent out by clubs to coaches

Rules Quick Reference



NPSL Quick Chart of Rules of Competition									
	U10	U11	U12	U13	U14	U15-U16	U17-U19		
# of Players on Field	7	9	9	11	11	11	11		
Max # of Players on Roster	12	14	14	18	18	22	22		
Max # of Players for a Game	12	14	14	18	18	18	18		
Game Time Period (Minutes)	2 x 25	2 x 30	2 x 30	2 x 35	2 x 35	2 x 40	2 x 45		
Time Between Periods (Minutes)	5	5	5	5	5	5	5		
Ball Size	4	4	4	5	5	5	5		
Field Width (yards) - (a)	35-45	45-55	45-55	50-75	50-75	50-75	50-75		
Field Length (yards) - (a)	55-65	70-80	70-80	100-115	100-115	100-115	100-115		
Build out Line	Halfway between p.a. and midfield	Halfway between p.a. and midfield	No	No	No	No	No		

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-	2016-	2017-	2018-	2019-	2020-	2021-	2022-	2023-	2024-	
Season Birth	2017	2018	2019	2020	2021	2022	2023	2024	2025	
Year										
2020								-		
2019			-	-	-	-			U6	
2018								U6	U7	
2017						U6	U6	U7 U8	U8 U9	
2016	-		-	-	U6	U7	U7 U8	U8 U9	U10	
2015				U6	U7	U8	U9	U10	U11	
2014			U6	U7	U8	U9	U10	U11	U12	
2012		U6	U7	U8	U9	U10	U11	U12	U13	
2011	116	U7	U8	U9	U10	U11	U12	U13	U14	
2010	U7	U8	U9	U10	U11	U12	U13	U14	U15	
2009	US	U9	U10	U11	U12	U13	U14	U15	U16	
2008	U9	U10	U11	U12	U13	U14	U15	U16	U17	
2007	U10	U11	U12	U13	U14	U15	U16	U17	U18	
2006	U11	U12	U13	U14	U15	U16	U17	U18	U19	
2005	U12	U13	U14	U15	U16	U17	U18	U19		
2004	U13	U14	U15	U16	U17	U18	U19			
2003		U15	U16	U17	U18	U19				
2002	U15	U16	U17	U18	U19					
2001	U16	U17	U18	U19						
2000	U17	U18	U19							
	U18	U19								

Meet the Coaches

Q & A



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