

EYSA Club Referee Help Card
You are: Coach - Friend - Referee

Equipment

Uniform, Watch, Whistle, Coin, Paper, Pencil, Laws, Red/Yellow cards

Pre-game (arrive 20 min early, inspect fields & goals)

Shin guards on. Socks up and over shin guards. Jewelry off. Shoes legal. No casts.

Advice to coaches:

Get permission to substitute! offside or not, keeper pass-back or not, redo throw-ins allowed, mercy rule; then ask for their questions, confirm kick-off time and time for captains.

Fouls

Kicking, tripping, pushing, slide tackling, hand balls - U08-U10 = indirect kick
 See foul – whistle foul. Rough play, hand ball denies goal – yellow card; Violent conduct, gross swearing – red card, no sub.

Helping and Coaching the Players

Protect the Keepers! Keepers run ball out, U9-U11 must throw; U12+ can punt.
 Help with throw-in redo's (2 for U8-9 then let go, 1 for U10 then other team's ball)
 Explain why, when you whistle a foul.

Sidelines control

Teams set up on opposite sides of field. Ignore most criticisms. If bad, report to your referee coordinator. If really bad, stop play and ask coach to stop problem.
 Report this to coordinators! ALWAYS DO YOUR GAME REPORTS.

When to Abandon a game:

Repeated and insulting, or threatening, sidelines criticisms.
 Field problems – thunder: wait 30 mins, tree falls on field, other disruption
 Injury needs ambulance, so you run out of time before next game
IF YOU ABANDON A GAME, REPORT IT ALL TO COORDINATOR!!

Referee Quick Reference Card – EYSA 2017

Level	U8	U9	U10	U11	U12	U13
Ball Size	3	4	4	4	4	5
# Players	4	5	7	9	9	11
Throw-ins	3	3	2	1	1	1
Direct Kicks	N	N	N	Y	Y	Y
Kick Dist.	6	6	10	10	10	10
Penalty Kick	N	N	N	Y	Y	Y
Build Out Lines	Y	Y	Y	Y	N	N
Offside	N	N	Y	Y	Y	Y
Heading	N	N	N	N	Y	Y
Punting/Drop Kick	N	N	N	N	Y	Y
Pass to Keeper	No Keeper	Y	N	N	N	N
Quarter/Half	12Q	12Q	25H	30H	30H	35H
Red/Yellow Cards	N	N	N	Y	Y	Y