



LHSC Rec Coach Checklist

- Register as a coach in TeamSnap <http://www.lakehillssoccer.org/coaches/>
- Update/apply for background check "RMA" <http://wys-bgc.affinitysoccer.com/>
- Visit [Health and Safety page on website](#)
 - New coaches complete **Sudden Cardiac Arrest training** through step 12
 - Review Weather policies and guidelines
 - Review Concussion Resources
- Log on to TeamSnap and view 2018 Roster (late June)
- Establish contact with ALL team families (before July 20)
- U8-U12 Respond to LHSC Coaches Survey about Team Strength (late June)
- Team name changes/updates to registrar (before July 15)
- ALL U8-U19 Coaches attend LHSC Coaches Meeting (**July 26**)
- U13-U19 Coaches also attend District 2 Meeting (**July 12 OR July 17**)
- Request practice field from Currin Cyr (more info at LHSC Coaches meeting)
- Pick up equipment if needed (late July or early August)
- Remind parents to pick up or purchase uniforms at Winners Sportswear (August)
- Hold parent meeting (August or earlier)
- Start practice (mid August)
- Collect and keep paper copies of player [Medical Release Form](#) (August)
- U8-U12 Download schedule using link sent by EYSA (late August)
- U13-U19 Download schedule from District 2 (late August)
- Preseason Jamboree for U8-U11 (September 1)
- Season begins (September 8)
- U13-U19 Recreational Cup entry deadline (September 17)
- U13-19 Bring completed roster form to each game
- Report game results (each week after game, win or lose)
- File referee reports (each week after the game)
- Be prepared to adjust practice times due to light/weather (Oct/Nov)