

Gu16 Select Coach 2018

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Coach: Patrick O'Rourke
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Age: 58
RMA: Expires 07/14/2018



Soccer Background: Recreational and Amateur Club Soccer, Ireland
Greater Seattle Soccer League
Open, Div.1 – Over 40 Div. C 1986 - 2016

Coaching Background: CYO Sacred Heart, Boys Rec. Bellevue 1997 – 2004
Bellevue Youth Soccer 2005 – 2010
Lake Hills Select Soccer 2011 - Present

Coaching Qualifications: USSF E License 2011

Coaching Awards: Lake Hills Select Coach of Year 2017

Other Experience: Gaelic Football Coach, 2nd Team, Trinity College, 1981
Seattle Gaels Coach 1985
Soccer Referee with over 1300 Games

Coaching Philosophy: This is a lifelong sport and I am only 1 step in the development of a player. I want to make that step enjoyable and rewarding for every child, irrespective of their ability. This will entail a blend of humor and work. My belief is that a technically proficient young player will find it easier to adapt to any playing style in the years to come. This requires drills and repetition during practice. A Player needs to understand why they are doing a particular drill, and how this will help their game.

Today's players are tomorrows Coaches, Board Members and Referees. They carry the game into the future.

My style of play is defending with determined pride and attacking with Celtic Passion.

