## Basic Procedures for Submitting a LHSC Red Card/Injury Form

- 1. Complete **ALL** questions on either the <u>Red Card</u> or the <u>Injury</u> portion of the form.
- 2. Sign and date the form.
- 3. File the report by sending the form (as an email attachment) to <a href="mailto:lakehillssc@comcast.net">lakehillssc@comcast.net</a>

LAKE HILLS SOCCER CLUB RED CARD and INJURY REPORT FORM  SECTION 1: GENERAL INFORMATION							
Name: Phone: _	Date of Birth:						
Address:	City:						
Affiliation to Team: Player  Coach Asst Coach Other  Team name: Opposing Team:	Gender: BU/GU:						
SECTION 2: RED CARD REPORT							
Card Details:  Date Carding Occurred: Time: am/pm (circle)  Card Issued: Red							
Describe the Carding Incident Below in Detail. Attach Additional	al Pages if Necessary:						

SECTION 3: INJURY REPORT						
Injury Information:	Game:	Tournament Game	e: Practice	:		
Other:						
Location:						
Injury Details:	Date Injury Occur	red:	Time: _	<b>:</b>	am/pm (circle)	
Description of Injury: _						
Immediate Treatment (if	f any) applied:					
<ul> <li>Surface: □ DIF</li> <li>Surface Condit</li> <li>Position: □ GC</li> <li>Activity: □ RU</li> <li>Situation: □ HI</li> </ul>	on: □ ON FIELD RT □ GRASS □ AR ion: □ DRY □ WE' DALIE □ FORWAR INNING W/BALL	☐ SIDELINES ☐ SI RTIFICIAL TURF ☐ O T☐ MUDDY ☐ ICY ☐ RD☐ DEFENDER ☐ O ☐ RUNNING W/O BA OLLISION W/PARTICI	THER IRREGULAR THER ALL   DEFENDING	G □ OTHER_		
Describe the Injury Incid	dent Below in Detai	il. Attach Additional Pa	ges if Necessary:			
Signatures:						
Signature of Coach/Atte	nding Official:			Date:		
Signature of Parent/Gua	rdian:			Date:		